

SAM AGAIN

RELEASED: 1/15/13

CHOREO: Vern Mainz with technical help from Randy Wulf
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MUSIC: Olivia Newton-John downloadable
RHYTHM: Waltz **TIME @ BPM:** 3:45 as downloaded

PHASE (+): Phase 2 + Hover
FOOTWORK: Opposite unless indicated (W's footwork in parentheses)
SEQUENCE: **INTRO-A-B-INTER#1-A-B-INTER#2-END**

INTRO

1-4 **BFLY WALL WAIT;; VINE 3; THRU FC CL;**
1-2 (WAIT; WAIT;) Bfly pos fcg ptrnr & wall – lead feet free – wait 2 measures;;
3-4 (VINE 3; THRU FC CLS;) Sd L, XRib of L, sd L; R stp thru btwn ptr, sd L fc prt, cl R;

5-8 **FWD TCH; BK TCH; VINE 3; THRU FC CL;**
5-6 (FWD TCH; BK TCH;) Fwd L, tch R, hold; Bk R, tch L, hold;
7-8 (VINE 3; THRU FC TO CP;) Sd L, XRib of L, sd L; Stp thru w/R btwn ptr, sd L fc prt, cl R to CP;

PART A

1-4 **CP BAL L & R;; FWD TCH; BK TRN LFT QTR;**
1-2 (BAL L & R;;) CP sd L, XRib of L, rec L; Sd R, XLib of R, rec R;
3-4 (FWD TCH; BK TRN LFT QTR;) Fwd L, tch R, hold; Bk R trng LF one qtr, sd L, cls R;

5-8 **FWD WZ; DRIFT APART; THRU TWNKL, TWICE TO CP LOD;;**
5-6 (FWD WZ; DRIFT APT;) Fwd L, fwd & sd R, cl L; Sm fwd R, sm fwd & sd L, cl R to LOP FCG (Bk L, bk & sd R, cl L);
7-8 (THRU TWNKL, 2X TO CP LOD;;) Fwd L between ptr w/crossing stp twd wall, sd R, cl L; Fwd R between ptr w/crossing stp twd COH, sd L, cl R to CP LOD;

9-12 **2 LFT TRNS TO LOD;; FWD WZ, TWICE;;**
9-10 (2 Lf TRNS TO LOD;;) Fwd L comm 1/4 LF trn, cont trn sd R diag across Line of Progression trng 1/4 LF, cl L; Bk R comm 1/4 LF trn, cont trn sd L twd Line of Progression trng 1/4 LF, cl R to CP LOD;
11-12 (FWD WZ, 2X;;) Fwd L, fwd & sd R, cl L; Fwd R, fwd & sd L, cl R;

13-16 **FWD TCH; BK TRN LFT QTR; L TRNG BOX 1/2;;**
13-14 (FWD TCH; BK TRN LF QTR;) Fwd L, tch R, hold; Bk R trng LF one qtr, sd L, cls R;
15-16 (LF TRNG BOX, HALF;;) Fwd L comm 1/4 LF trn, comp trn sd R, cl L; Bk R comm 1/4 LF trn, comp trn sd L, cl R;

17-18 **HOVER; MANUV;**
17-18 (HOVER; MANUV;) In CP fwd L, fwd & sd R rising to ball of ft, sd & fwd L to tight SCP; Fwd R comm RF upper bdy trn, cont RF trn to fc ptr sd L, cl R to fc RLOD;

PART B

1-6 **2 RT TRNS;; L TRNG BOX;;;**
1-2 (2 RF TRNS TO WALL;;) Bk L comm 1/4 RF trn, cont trn sd R twd LOD trng 1/4 RF, cl L; Fwd R comm 1/8 RF trn, cont trn sd L trng 1/8 RF, cl R;
3-6 (L TRNG BOX;;;) Fwd L comm 1/4 LF trn, comp trn sd R, cl L; Bk R comm 1/4 LF trn, comp trn sd L, cl R; Fwd L comm 1/4 LF trn, comp trn sd R, cl L; Bk R comm 1/4 LF trn, comp trn sd L, cl R;

7-10 **BAL L & R;; CANTER; HOVER;**
7-8 (BAL L & R;;) CP sd L, XRib of L, rec L; Sd R, XLib of R, rec R;
9-10 (CANTER; HOVER;) Sd L, draw R to L, cl R; In CP fwd L, fwd & sd R rising to ball of ft, sd & fwd L to tight SCP;

11-17 **MANUV; 2 RT TRNS;; L TRNG BOX;;;:**

11-13 (MANUV; 2 RF TRNS FC WALL;;) Fwd R comm RF upper bdy trn, cont RF trn to fc ptr sd L, cl R to fc RLOD; Bk L comm 1/4 RF trn, cont trn sd R twd LOD trng 1/4 RF, cl L; Fwd R comm 1/8 RF trn, cont trn sd L trng 1/8 RF, cl R;

14-17 (L TRNG BOX;;;:) Fwd L comm 1/4 LF trn, comp trn sd R, cl L; Bk R comm 1/4 LF trn, comp trn sd L, cl R; Fwd L comm 1/4 LF trn, comp trn sd R, cl L; Bk R comm 1/4 LF trn, comp trn sd L, cl R;

18-22 **BAL L & R;; CANTER; HOVER; PKUP SD CLS;**

18-20 (BAL L & R;; CANTER;) CP sd L, XRib of L, rec L; Sd R, XLib of R, rec R; Sd L, draw R to L, cl R;

21-22 (HOVER; PU SD CL;) In CP fwd L, fwd & sd R rising to ball of ft, sd & fwd L to tight SCP; Fwd R, sd L, cl R to CP LOD (Fwd L stpg in frnt of M trng LF to end CP, sd R, cl L);

INTERLUDE #1**1-6** **2 L TRNS;; L TRNG BOX;;;:**

1-2 (2 LF TRNS;;) Fwd L comm up to 1/4 LF trn, cont trn sd R diag across Line of Progression trng up to 1/4 LF, cl L; Bk R comm up to 1/4 LF trn, cont trn sd L twd Line of Progression trng up to 1/4 LF, cl R to fc wall;

3-6 (L TRNG BOX;;;:) Fwd L comm 1/4 LF trn, comp trn sd R, cl L; Bk R comm 1/4 LF trn, comp trn sd L, cl R; Fwd L comm 1/4 LF trn, comp trn sd R, cl L; Bk R comm 1/4 LF trn, comp trn sd L, cl R;

7 **CANTER;**

7 (CANTER;) Sd L, draw R to L, cl R;

REPEAT PART A**REPEAT PART B change meas 22 to: THRU FC TO CP WALL;**

22 (THRU FC TO CP WALL;) Stp thru w/R btwn ptr, sd L fc prt, cl R to CP wall;

INTERLUDE #2**1-5** **CANTER; L TRNG BOX;;;:**

1-5 (CANTER; L TRNG BOX;;;:) Sd L, draw R to L, cl R; Fwd L comm 1/4 LF trn, comp trn sd R, cl L; Bk R comm 1/4 LF trn, comp trn sd L, cl R; Fwd L comm 1/4 LF trn, comp trn sd R, cl L; Bk R comm 1/4 LF trn, comp trn sd L, cl R;

ENDING**1-4** **BAL L & R;; FWD TCH; BK TRN L QRTR;**

1-4 Repeat Meas 1-4, Part A

5-8 **FWD WZ; DRIFT APART; THRU TWNKL, 2X TO CP LOD;;**

5-8 Repeat meas 5-8, Part A

9-12 **2 L TRNS TO LOD;; FWD WZ, 2X;;**

9-12 Repeat meas 9-12, Part A

13-16 **FWD TCH; BK TRN L QRTR; L TRNG BOX 1/2;;**

13-16 Repeat meas 13-16, Part A

17-19 **HOVER; THRU FC TO CP WALL; DIP BK & HOLD;**

17-18 (HOVER; THRU FC TO CP WALL;) In CP fwd L, fwd & sd R rising to ball of ft, sd & fwd L to tight SCP; Stp thru w/R btwn ptr, sd L fc prt, cl R to CP;

19 (DIP BK & HOLD;) Stp bk taking full wgt w/knee relaxed or slightly bent. The other leg remains extended with the knee and ankle forming a straight line from the hip and the toe remaining on the floor.